

- "There is no continuum for success." – Nick Saban
- Any fool can criticize, condemn, and complain - and most fools do. ~ Dale Carnegie
- Talent is God-given. Be humble. Fame is man-given. Be grateful. Conceit is self-given. Be careful.
- "Nobody can judge effort. Because effort is between you, and you. Effort has nothing to do with nobody else" - Ray Lewis
- You only see obstacles when you take your eyes off the goal...
- Success is nothing more than a few simple disciplines, practiced every day. ~ Jim Rohn
- "I figured that if I said it enough, I would convince the world that I really was the greatest." - Muhammad Ali
- Never tell me the sky is the limit when there are footprints on the moon.
- "It's ok to be a copycat... As long as you copy the right cat."
- "Your biggest opponent isn't the other guy. It's human nature."
- "The best defenses are noise. A team that TALKS well on defense is intimidating." - Tony Barone
- "It isn't hard to be good from time to time in sports. What's tough is being good every day."
- "You can never win a championship in the off-season; but you sure as hell can lose one."
- "Success is that place in the road where preparation meets opportunity."
- "The secret of success is focus of purpose." - Thomas Edison
- "Only if you've been in the deepest valley can you ever know how magnificent it is to be on the highest mountain."
- "There's no substitute for hardwork."
- You don't win once in a while, you don't do things right once in a while, you do them right all the time. Winning is habit. -Vince Lombardi
- Mediocrity will always try to drag excellence down to its level. Don't trade your superiority for their inferiority.
- Develop the P.H.D. attitude. Not the academic sense... Poor, hungry, and driven.
- "There is nothing you can do about the fact that time flies. What you do control is how you use it."
- Association breeds assimilation. Be careful who you surround yourself with.
- "Excellence is not a skill. It is an attitude." - Ralph Marston
- Improvement begins with I.
- "If we score, we might win, If they never score...We can't lose."
- Give me six hours to chop down a tree and I will spend the first four sharpening the axe. - President Abraham Lincoln
- There are no office hours for champions.
- Continuous effort -- not strength or intelligence -- is the key to unlocking our potential.
- Success consists of going from failure to failure without loss of enthusiasm. ~ W. Churchill
- Confidence leads to success. Success leads to confidence.
- It's simple. The more you work, the better you will become.
- At first, they'll ask you why you're doing it. Later, they'll ask you how you did it.
- "For remember, fear doesn't exist anywhere except in the mind."
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- "Win the day."